



# Fit Kids DeWitt Early Out Program

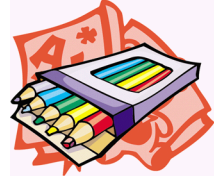


Who: Elementary Age Kids - Grades Jumpstart—3rd

What: Fit Kids Program

1.5 hour fitness activities/play/Arts & Crafts  
Half hour nutrition education/snack time

When: All Scheduled Early Out days, 1:00-3:00 PM  
6 Fall sessions September — December  
\*\*8 Spring sessions January – May



Where: Students are walked by an adult from Ekstrand  
to the DeWitt Fitness Center

Why: To have fun, be safe, enhance fitness levels &  
nutrition knowledge



Drop off or mail forms to the DeWitt Fitness Center 900-14th Street  
Minimum 10 / Maximum of 25 students signed up by 9/8/17\*

*\*Program may be full prior to deadline date.*

**\*\* No Fit Kids on last day of school\*\***

Please send athletic shoes with your child every time.

Students should be picked up at 3:00pm at the DFC



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**FIT KIDS After School Program  
2017-2018**

Name: \_\_\_\_\_

Food Allergies?: \_\_\_\_\_

Grade: \_\_\_\_\_ Gender \_\_\_\_\_ T-shirt size (a shirt may be provided)  
\_\_\_\_\_ Fall Session Only (\$60) \_\_\_\_\_ Spring Session Only (\$60)  
\_\_\_\_\_ Full Year (\$110)

Parent Name \_\_\_\_\_

Parent Cell Phone # \_\_\_\_\_ Contact # where you are available 1-3pm

Parent email address: \_\_\_\_\_

Parent's Signature: \_\_\_\_\_

\_\_\_\_\_ (Initial) I understand that good behavior is expected.



<b>OFFICE USE ONLY</b>	
Payment method: _____	
Check # _____	Amount: _____
Date: _____	Staff: _____